

Annapurna Base Camp Trek

Day 01: Arrive in Kathmandu and Check into a Hotel.

Upon your arrival, a representative from Upper-Himalayan Treks and Adventure will meet you at an agreed upon location. We will then travel to a hotel and check into our rooms. After we are situated we have free time to explore or prepare for the trek. We spend the night in Kathmandu.

Day 02: Travel to Pokhara (823 m / 2,700 ft): 6-7 hours

We may travel by plane, which takes approximately 30 min or by vehicle, which takes about 6 hours. If we go by vehicle we can see rivers, the landscape including the Himalayan Mountain Range, and the flora of Nepal. After checking into our hotels, we can have a night out on the town.

Day 03: Travel to Naya Pul (1,100 m) and Trek to Ghandruk (1,750 m): 2 hr Drive

From Pokhara we travel to Naya Pul. Naya Pul is a quaint highway village that has great roadside samosa stands. From here we begin our trek. The trail starts off as a dirt road leading down to Modi River. We continue along the route passing through Birethanti, which is a stop for Trans-Himalayan merchants. The trail then leads to Ghandruk Village. Ghandruk is a large village that has plenty of facilities for travelers.

Day 04: Trek to Chomrong (1,951 m): 06 hrs

The trail to Chomrong trail leads us past terraced farm lands, a couple of villages, and waterfalls. The trail has a gradual inclination and is pleasant to travel on. After our ascent to Kimrong Ridge we descend into the forest of Kimrong Valley. The forest is populated by conifer trees and other native plants of Nepal. We then cross over Kimrong River to arrive at Chomrong Village. We spend the night in Chomrong Village.

Day 05: Trek through Bamboo (2,050 m) to Dovan (2,130 m): 06 hrs

We are treated to a pleasant walk through the forest to Sinuwa Village. Sinuwa is very close to Bamboo Village is a small village on the Modi River that is surrounded by beautiful bamboo, rhododendrons, and oaks. We continue through Bamboo ascending to Dovan. We spend the night in Dovan.

Day 06: Trek through Deurali to Machapuchare Base Camp (3,720 m): 06 hrs

The trail from Dovan to Machapuchare Base Camp leads us above the tree line into the cool crisp air of the high altitudes. We have phenomenal views of the mountains as we cross glaciers, and moraines. We spend the night at Machapuchare Base Camp.

Day 07: Trek to Annapurna Base Camp (4,095 m): 04 hrs

Our destination to Annapurna Base Camp takes us higher in elevation. The climb up the mountain gives us amazing close up views of the Annapurna Peaks, and Annapurna I. After we arrive at Annapurna Base Camp we have plenty of time to explore the area, and see the sights. We spend the night in Annapurna Base Camp.

Day 08: Trek to Bamboo (2,050 m): 06 hrs

Today we return to Bamboo Village. We pass Dovan, Deurali, and Machapuchare Base Camp on our way. The trail to Bamboo is primarily downhill with a few uphill segments. We spend the night in Bamboo.

Day 09: Trek through Chomrong to Jhinu Danda (1,700 m): 06 hours.

We begin our trek in the morning with a short climb to Kuldi Ghar. After crossing over the pass we descend into the lush forest and pass by Sinuwa Village. We then cross Chomrong River on a suspension bridge. After a short hike up the adjacent mountain we stop for lunch at Chomrong Village. Continuing on the trail we cross over Chomrong Ridge and descend into Jhinu Danda. Here we can treat ourselves to a soak in the hot springs.

Day 10: Trek to Pothana (1,900 m): 05 hrs

On our way to Pothana we cross Naya Pul (New Bridge) over Modi River. As we continue we pass through Landruk Village, terraced farms, a few more villages, and a lovely forest. We then ascend to Deurali Ridge (2,150 m) and continue our trek to Pothana. We have great views of Mt. Annapurna, Mt. Manaslu, and Mt. Machapure at Pothana. We spend the night in Pothana.

Day 11: Trek to Kande and Travel to Pokhara.

As we finish the last part of our trek we pass through Australian Camp. Australian Camp features great views of the Himalayas through an open forest near a beautiful meadow. From Australian Camp the trail to Kande has a slight decline and we reach Kande within an hour. After reaching Kande we travel to Pokhara to finish the Trek.

If you would like to stay in Pokhara further accommodations can be arranged for your enjoyment.

Day 12: Travel to Kathmandu

For those of us departing to Kathmandu we can travel by plane or by car. The plane trip takes approximately 30 minutes and offers great views of the trekking route we were just on. If we choose to travel by car we can see Nepal's geographical diversity as we pass through the country side. We spend the night in Kathmandu.

Day 13: Conclude Tour

If you would like to stay in Nepal further accommodations can be arranged for your enjoyment. If you are departing Nepal we will make the required arrangements for your departure.