

Pisang Peak Climb

Detailed Itinerary

Day 01: Arrive in Kathmandu (1,300 m / 4,264 ft)

Upon your arrival, a representative from Upper-Himalayan Treks and Adventure will meet you at an agreed upon location. We will then travel to a hotel and check into our rooms. After we are situated we have free time to explore or prepare for the trek. We spend the night in Kathmandu.

Day 02: Prepare for the trek

We take today to gather last minute or forgotten items. We can also use this day to explore Kathmandu or rest. Sightseeing tours are available to take us to the temples, monasteries, and world heritage sites throughout the city. We spend the night in Kathmandu.

Day 03: Travel through Besisahar to Dharapani (1,900 m / 6,100 ft): 07 hrs

From Kathmandu we travel North West to Besisahar. As we travel we get to see the forested landscape with glimpses of the mountains we will soon be climbing. At Besisahar we turn North into the mountains towards Dharapani. We follow the Marsyangdi River upstream through terraced agricultural fields and villages. We spend the night in Dharapani Village.

Day 04: Trek to Chame (2,649 m / 8,694 ft): 05 hrs

We begin our trek today. The trail leads us along into a beautiful old growth rhododendron, and pine forest. During late March and April, the rhododendrons are in full bloom and it is absolutely spectacular to see and a joy to walk through. We continue on passing through Bagarchhap, Danaque, and Timang Villages. At this point we have excellent views of Mt. Manaslu. When we reach Cahame we settle in for the night.

Day 05: Trek to Pisang (3,250 m / 10,663 ft): 05 hrs

We continue our ascent into the mountains. We will notice the climate beginning to cool and a greater presence of alpine adapted plants. We follow the Marshyangdi River to Bhratang Village where we can see Chulu and Pisang Peaks. We make our way to Pisang Village and spend the night.

Day 06: Acclimate in Pisang and Go on day hikes

We use our acclimation day to explore Pisang Village and visit an old monastery. We have excellent views of the Annapurna Mountains, Chulu, and Pisang Peaks.

Day 07: Trek to Pisang Peak Base Camp (4,380 m / 14,370 ft): 04 hrs

The trail from Pisang Village leads us to Pisang Peak Base Camp. It is just north of the village. The landscape at this point of the trek is mountainous with little vegetation except for a few bushes and patches of grazed grass. We set up camp at around 14,370 ft and enjoy a dinner prepared by our kitchen staff.

Day 08: Trek to High Camp (5,400 m / 17,717 ft): 03 hrs

Our passage to High Camp is short but difficult, due to the high elevation and thin air. We follow a faint trail, hardly used by others including the local yak herders. The trail leads over rough rocks, ice, and glacier and ends at the bottom of Pisang Peak. At the bottom of Pisang Peak camp is prepared for us. As there is still a lot of time, we can explore the area while the guide treks ahead to find the best route to summit. We can also use this time to prepare for tomorrow's summit.

Day 09: Summit Pisang Peak and return to base camp or Pisang Village (6,091 m / 19,983 ft): 03 hrs

We accomplish our goal by summiting Pisang Peak today. We follow our guide on the chosen route. With possible variation, we will climb over a moraine, and ice falls. Continuing through a snow slope the climb requires some technical skills, which the guides walk us through. After the snow slope, we are a short distance away from summit! After reaching the summit we take a break and enjoy the vast views of the whole Annapurna Massif, West Chulu Range, Damodar peaks, and Mt. Manaslu in the distance. If we have time and energy after returning to base camp we can continue to Pisang Village.

Day 10: Reserve day for foul weather

In case of inclement weather or delays due to other unforeseeable events, an extra day is reserved to continue the trek without jeopardizing the future plans or the itinerary.

Day 11: Trek to Manang (3,350 m / 10,990 ft): 04 hrs

After reaching Pisang Village we continue to Manang. We travel through Hongde Village, and Braga Village, which has the largest monastery in the Manang district. The monastery has outstanding displays of statues, and Thangkas (paintings). After touring the monastery we continue on our trek. Manang is only an hour away. We spend the night in a comfort lodge in Manang.

Day 12: Trek to Yak Kharka (4,110 m / 13,484 ft): 04 hrs

The trail today leads to Yak Kharka. The trail is enjoyable to walk on but the highlight of the day is the amazing views we have at Yak Kharka. We have extraordinary views of the snow topped mountains. We can see Gangapurna, Annapurna III, and Chulu peaks. We spend the night in Yak Kharka.

Day 13: Trek to Thorong High Camp (4,600 m / 15,092 ft): 04 hrs

Today we follow a river bank, which leads us to Thorung Phedi. After reaching Thorung Phedi we climb to Thorang High Camp, where we spend the night. While trekking, we continue to have spectacular views of the mountains and surrounding landscapes. It is amazing how beautiful this area is.

Day 14: Cross Thorong-La Pass (5,416 m / 17,769 ft) and trek to Muktinath (3,800 m / 12,467 ft): 06 hrs

This is one of the harder days on the trek. The trail winds up a steep slope to bring us to Thorong-La Pass. This is an excellent place for breathtaking photos of mountains, and landscapes. From here it is all downhill. Descending on the trail leads to Muktinath, where we spend the night. Muktinath means “the place for Nirvana or liberation” and is a holy place for Hindus, and Buddhists.

Day 15: Trek to Jomsom (2,713 m / 8,900 ft): 04 hrs

Jomsom is our last stop on this trek. The trail is downhill, easy and very delightful. Jomsom sits overlooking the Kaligandaki River. While trekking we might see people fishing in the river or washing clothes. We will probably see other trekkers departing for their trek, as this trail is the beginning for the Annapurna Circuit, Upper Mustang, and to Muktinath. After settling in, we can explore the town or rest.

Day 16: Travel to Pokhara (827 m / 2,713 ft): 01 hr

We board an early morning flight to Pokhara. As we fly into the valley we can see Phewa Lake and the para-gliders soaring above it. From the airport we travel 5 minutes to lakeside, where we stay in a luxury hotel. Pokhara is an amazing place. It is clean and beautiful, and has many facilities and accommodations for foreigners. We spend the night in Pokhara.

If you want to spend some extra time in Pokhara, let us know and we will be happy to make the arrangements for you.

Day 17: Travel to Kathmandu

We can travel by Tourist Bus or by plane. By bus it is about a 7 hour drive, and by plane it is about 30 minutes. By bus we can see the landscape and the villages along the road. By plane we can almost see the entire country. After reaching Kathmandu we transfer to a hotel and have the rest of the day for leisure activities.

Day 18: Conclude your Pisang Peak climbing adventure

Though your Pisang Peak climbing adventure is over it doesn't mean you have to leave. You can participate in any of the dozens of activities Nepal offers. Going on a Chitwan Jungle Safari is one suggestion for a tremendously fun activity. But for those of us that are returning home,

Upper-Himlayan Treks and Adventure will make sure you do not miss your flight. We take you to the airport approximately 3 hours before your departure.